# **MESOSCULPT WITH PHOSPHATIDYLCHOLINE**

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Our Pinto Institute has extensive experience with treatment of the "second chin"- an excessive adipose tissue accumulation under the chin. Our treatment regimen is based on a formulation containing phosphatidylcholine (Pch). For the last 3 years we have used our formula with a great success and with no complications.

The treatment is called a "mesosculpt". Unlike in mesotherapy, those injections are done deep into the adipose tissue.

## The Therapeutic Protocol of the Pinto Institute:

Frequency of the treatments: Once a week

Number of sessions: 4 to 6 sessions

If more treatments is required we recommend performing 2 to 4 additional treatments after 6-8 weeks break.

**Depth of application:** Deep subcutaneous injections (approximately 13 mm) and injected at the sharp angle. **Needle:** 30G

Distance between punctures: 2 cm

**Drug amount by session:** 1 cc of Pch(250 mg: 5cc) + 1 cc of isotonic saline solution, for the first 2 sessions. Afterwards use 1 cc of Pch + 0.5 cc of isotonic saline solution till the end of treatment.

### **Dose per each injection:** 0.2 - 0.3 cc

#### **Precautions:**

Stop ASA, Vitamin E and Gingko Biloba 48 hours before the procedure. Do not perform the treatment if the person is using anticoagulants. For bruising prevention arnica can be used. Prescribe it 48 hours before the treatment and then continue for 5 days after the treatment.

**Compressive bandage:** We recommend using compressive bandage after the treatment (as shown on the pictures)

NSAID: Use ibuprofen 400 mg PRN

#### **Treatment contraindications:**

Pregnancy Nursing Very young age Rheumatic illness Bleeding disorders Antiphospholipids Syndrome Skin infection

#### Before and after the treatment (6 weeks)





Compressive bandage







After 8 week of treatment

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